



OREGON STATE TRACK



2009 OREGON STATE SCHEDULE

NEXT UP FOR BEAVER TRACK: THE WOODY WILSON OPEN

Date	Opponent	Time
2/14	Husky Classic (indoor) Seattle, Wash.	All Day
3/07	UW Last Chance Seattle, Wash.	All Day
3/07	Linfield Icebreaker McMinnville, Ore.	All Day
3/21	Oregon Preview Eugene, Ore.	12 p.m.
3/27	Stanford Invitational Palo Alto, Calif.	All Day
3/27	SF State Distance Carnival San Francisco, Calif.	10 a.m.
4/11	Woody Wilson Open Davis, Calif.	All Day
4/18	Lewis and Clark Invitational Portland, Ore.	TBA
4/25	Oregon Relays Eugene, Ore.	TBA
5/01	Pacific Twilight Forest Grove, Ore.	TBA
5/03	Cardinal Invitational Palo Alto, Calif.	TBA
5/08	Oregon Twilight Eugene, Ore.	TBA
5/16-17	Pac-10 Championship Eugene, Ore.	TBA
5/29-30	NCAA West Regional Eugene, Ore.	TBA
6/10-13	NCAA Championships Fayetteville, Ark.	TBA

Dates and times subject to change.

April 9, 2009

THIS WEEK — Oregon State women's track is scheduled again to run its largest group of athletes thus far in the spring this Saturday, April 11. Fifteen runners in four different events will run in Davis, Calif. at the Woody Wilson Open. The first Beaver race, the 5,000-meters, begins at 10:20 a.m. at Woody Wilson Track.

WOODY WILSON OPEN —Saturday (April 11): More than 100 collegiate, club and unattached runners are scheduled to compete against the Beavers at UC Davis' Woody Wilson Track. Oregon State has runners in the 800-meters, 1,500-meters, 5,000-meters, 3,000-meter steeplechase.

In the 800-meters Oregon State will face 25 runners from 14 different schools; in the 1,500-meters there will be 36 runners from seven different schools; in the 5,000-meters there are 44 runners from 11 schools; and in the 3,000-meter steeplechase 18 are scheduled from nine schools.

SULLIVAN SAYS — "This meet is the beginning of us getting ready. We're going to run against a bunch of schools we never get to compete against at a facility we have never been to before. It really gets the adrenalin going now that we are beginning the preparation for the bigger meets."

"We are about a week to, two weeks from really being race-sharp. We've been doing some things as a group at practice in our workouts that indicate we can still expect to go down there and put some good races on the board."

"We're as healthy as we have been. Unfortunately we won't have Lorene Young this weekend. She injured her heal practicing the steeple. Everybody else is progressing really, really well though. We had a rough winter. Between some aches and pains and sustained illnesses it was tough. I have to give this group a ton of credit. The way they have rebounded from this has been really impressive. The challenges make you stronger. If everything is perfect, you don't get to test your character. This has been a character builder in a number of ways and I have been tremendously pleased with how we have responded to this."

ATHLETIC COMMUNICATIONS

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TOP 10s — The past few seasons have been nothing short of amazing for Oregon State runners when it comes to breaking into the school's all-time outdoor top 10 lists with more than 30 spots in seven events in addition to 18 spots held in three events in the indoor ranks. This season is starting out the same with three runners breaking into the all-time indoor top 10 lists in three events and six runners have pushed into the outdoor records.

INDOOR EXCITEMENT — At the Husky Classic indoor meet, sophomore Casey Masterson broke the school record by more than five seconds in the mile (4:51.87), sophomore Abby Chesimet ran the second fastest 3,000-meters (10:02.17) and sophomore Jackie Brown ran the sixth fastest 800-meters (2:23.13).

www.osubeavers.com



QUICK FACTS/ROSTER

OSU QUICK FACTS

Location Corvallis, Ore.
 Founded 1868
 Enrollment 19,700
 Nickname Beavers
 Colors Orange & Black
 Conference Pacific-10
 Home Course Avery Park
 President Dr. Edward Ray
 Director of Athletics Bob De Carolis
 Ticket Office 1-800-GO-BEAVS

TRACK CONTACT INFO

Head Coach Kelly Sullivan (5th year)
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 Assistant Coaches Cynthia Castro (5th year)
 Elizabeth Carey (1st year)
 phone (541) 737-6010
 Volunteer Assistant Coach Chas Davis (1st year)
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LAST TIME OUT — At the San Francisco Distance Carnival, freshman Casey Masterson won her section of the 1,500-meters and recorded the days fastest time of 4:35.28, the 10th fastest time in Oregon State history. Sophomore Hayley Oveson won the 2-mile as Oregon State took place 1-through-7 and eight of the top 10. Also, sophomore Jennifer Macias' second place finish and time of 11:09.83 in the 3,000-meter steeplechase was good enough for third best all-time.

HEAD COACH KELLY SULLIVAN — Fifth-year head coach Kelly Sullivan has been in charge of rebuilding the cross country and track programs after a 16-year vacancy.

Through his tenure as head coach, the cross country and track programs have boasted numerous awards and accomplishments. Sullivan has produced 88 Academic All Pac-10 honorees and has had an Academic All-American team every year since the program's return. More than 20 athletes in seven different events have broken into Oregon State all-time top 10 lists in track under Sullivan's leadership including four school records.

TRACKING THE BEAVS THIS WEEK — Full results from this week's events will be available on the freshly redesigned www.osubeavers.com.

WHAT'S NEXT FOR THE BEAVERS — Oregon State track returns to action Saturday, April 18, in Portland, Ore. for the Lewis & Clark Invitational.

2009 OREGON STATE TRACK ROSTER

Name	Position	Height	Year	Hometown (Previous School)
Jackie Brown	Mid-Distance	5-5	Sophomore	Beaverton, Ore. (Southridge HS)
Natosha Buruse	Distance	5-10	Freshman	Ridgefield, Wash. (Ridgefield HS)
Abby Chesimet	Mid-Distance	5-7	Sophomore	Astoria, Ore. (Astoria HS)
Michelle Childs	Distance	5-4	Graduate St.	Fenelon Falls, Ontario (St. Thomas Aquinas HS)
Lorine Cruz	Distance	5-5	Freshman	Grants Pass, Ore. (Grants Pass HS)
Liz Gruber	Distance	5-3	Freshman	Redding, Calif. (Redding Adventist Academy)
Melissa Kauffman	Distance	5-7	Freshman	Hood River, Ore. (Hood River Valley HS)
Marsha Lampi	Distance	5-3	Sophomore	Portland, Ore. (Lincoln HS)
Jennifer Macias	Distance	5-4	Sophomore	Hermiston, Ore. (Hermiston HS)
Casey Masterson	Mid-Distance	5-8	Freshman	Eugene, Ore. (Sheldon HS)
Rebecca Mishler	Distance	5-6	Senior	Hillsboro, Ore. (NW Nazarene) (Newberg HS)
Jenny O'Connor	Distance	5-6	Senior	Newfane, N.Y. (Newfane HS)
Emily Olsen	Distance	5-5	Freshman	Medford, Ore. (Crater HS)
Hayley Oveson	Distance	5-5	Sophomore	La Grande, Ore. (La Grande HS)
Laurel Parks	Distance	5-5	Freshman	Grants Pass, Ore. (Grants Pass HS)
Kaitlin Poggi	Distance	5-10	Senior	Gladstone, Ore. (Gladstone HS)
Cassandra Schumacher	Distance	5-5	Freshman	Sweet Home, Ore. (Sweet Home HS)
Kambria Schumacher	Distance	5-5	Sophomore	Sweet Home, Ore. (Sweet Home HS)
Hannah Soza-Hodgkinson	Distance	5-2	Sophomore	Forest Ranch, Calif. (Pleasant Valley HS)
Krista Stangel	Distance	5-7	Junior	Enterprise, Ore. (Enterprise HS)
Holly Thomson	Mid-Distance	5-5	Senior	Eugene, Ore. (Sheldon HS)
Katelyn Van Brunt	Mid-Distance	5-8	Junior	Grants Pass, Ore. (Grants Pass HS)
Sylvia Veal	Distance	5-7	Senior	Aloha, Ore. (Aloha HS)
Lorene Young	Distance	5-7	Junior	Klamath Falls, Ore. (Klamath Falls HS)

Head Coach: Kelly Sullivan (Willamette '79) Fifth Season

Assistant Coaches: Cynthia Castro (Arizona State '03) Fifth Season; Elizabeth Carey (Columbia '06) First Season

Volunteer Assistant Coach: Chas Davis (Creighton '05) First Season

Athletic Trainer: Jesseca Holcomb First Season



SEASON OUTLOOK

A “storm is brewing” in Corvallis, Ore. This is a storm of the Oregon State women’s cross country and track programs headed by fifth-year head coach Kelly Sullivan.

Oregon State, a program in its fifth year of NCAA competition, has reached a level of national legitimacy exemplified through school records in track and topping some of the nation’s perennial powers in cross country in the 2008 seasons.

The 2008 cross country team made a lot of thunder. For the first time in program history, the Beavers received national consideration by receiving votes in the top 30. The Beavers team received votes for six consecutive weeks, and were the top “others receiving votes” for five weeks.

Oregon State also received its highest regional ranking in program history after placing sixth in week two and holding on for the majority of the year amongst arguably the nation’s premier region.

“For the first time, we are definitely a legitimate Division I middle-distance, distance program,” Sullivan said. “We’ve got a lot of great runners of NCAA qualifying caliber. I’ve got a great staff. We have got a lot of great resources, and we’re using them.”

Lightning struck as cross country tied No. 1 Oregon at the Oregon Open, finished second amongst 23 teams at the Auburn Tiger Invitational, defeating ranked opponents like Iowa and Florida State, and finishing third at the University of Washington Sun-dogder Invitational against strong West Region opponents.

Look for the Beavers to carry over the impressive cross country campaign into a successful middle-distance and distance track season.

“We don’t have any surprises this year and that is a good thing,” Sullivan said. “In the past, we have been so shy on experience that we had surprises. Like last year, Sylvia Veal and Lorene Young just came out of nowhere. They just keep getting better every-day. Now we’re actually expecting to see certain things. There are a lot less surprises which is good. It’s a lot of fun.”

Joining Veal and Young this season with experience are redshirt sophomore Hayley Oveson and redshirt freshman Casey Masterson.

“Casey and Hayley’s emergence last year was tremendous,” Sullivan said. “It was wonderful to see their improvement, and we are expecting big things from them this year.”

Each year the programs have improved upon the previous, flirting with break out years. Last year 11 new times were registered into Oregon State’s career top 10 lists that included Veal’s all-time best 1,500-meters mark.

Returnees accompanying Veal that broke into the top 10 lists last season include: sophomore Abby Chesimet, No. 6, 1,500-meters; sophomore Hannah Soza-Hodgkinson, No. 8, 5,000-meters and No. 5, 10,000-meters; senior Rebecca Mishler, No. 8, 10,000-meters; junior Krista Stangel, No. 8, 3,000-meters; senior Holly Thomson No. 6, 1,500-meters; Veal, No. 8, 800-meters.

Senior Kaitlin Poggi also returns with the third best 5,000-meters time and eighth best 1,500-meters time at Oregon State set in 2006.

Junior Jackie Brown, Veal, Thomson, Young, Poggi and Soza-Hodgkinson also hold six top 10 spots on the indoor track lists.

Young, Oveson and Masterson would have collectively qualified for six top 10 spots in four different events had they not been running unattached last season.

Experience and accomplishment would be an understatement for the returning cast of Oregon State runners.

“The list goes on and on. We have so many runners we can plug in. It’s awesome. That is a luxury we haven’t had in years past,” Sullivan said.

The Beavers also welcome graduate transfer Michelle Childs to the lineup. Childs ran at Providence College where she competed amidst the best of the Big East Conference in middle-distance and distance races.

“The standard of our expectations are now way higher than they have ever been,” Sullivan said. “I don’t sense any insecurity. I sense a group of young women who truly feel they can run with just about anybody now. We are a very healthy program. We’re physically, emotionally and socially healthy. It’s just a really neat group. A program with that kind of chemistry can be really dangerous.”



ALL-TIME TOP 10 EVENTS LISTS

c = converted to FAT timing

y = converted from yards

* = wind-aided mark

bold denotes current OSU athlete

100-METERS

1. Rosie Williams	11.79	1988
2. Asa Pennington	11.93	1982
3. Regina Jordan	11.93	1980
4. Jenna Stark	12.06	1987
5. Colleen Gibson	12.19	1983
6. Cathy Strong	12.19	1987
7. Celena Schirmer	12.24	1978
8. Lisa Byhre	12.40	1987
9. Lisa Curry	12.49	1984
10. Sylvia Green	12.50	1980

200-METERS

1. Asa Pennington	23.86	1982
2. Rosie Williams	23.96	1988
3. Regina Jordan	24.64	1980
4. Colleen Gibson	24.84	1980
5. Celena Schirmer	24.94	1978
6. Kari Weston	25.33	1986
7. Cathy Strong	25.42	1987
8. Julie Fitzgerald	25.44	1980
9. Jenna Stark	25.54	1987
10. Lisa Byhre	25.63	1986

*6. Cathy Strong 24.98 1988

400-METERS

1. Kathy Weston	54.93	1980
2. Rosie Williams	55.48	1988
3. Shavon Davis	55.48	1982
4. Rhonda Bell	56.91	1982
5. Robin Blaine	57.40	1979
6. Colleen Gibson	57.57	1980
7. Linda Parmele	57.85	1979
8. Tracie Johnson	58.13	1985
9. Nancy Wallace	58.46	1980
10. Loa Mosby	58.48	1979

800-METERS

1. Kathy Weston	2:03.67	1980
2. Robin Blaine	2:09.10	1979
3. Kathy Costello	2:11.19	1979
4. Luanne Park	2:11.90	1982
5. Kris Tom	2:12.60	1979
6. Julie Garcia	2:13.76	2007
7. Debbie Brize	2:13.60	1980
8. Noelle Harer	2:13.95	2006
9. Sylvia Veal	2:14.00	2008
10. Tammy Anderson	2:14.00	1985

1,500-METERS

1. Sylvia Veal	4:27.52	2008
2. Karen Mathison	4:27.90	1984
3. Jean-Marie Peterson	4:29.05	2008
4. Connie Case	4:30.10	1982
5. Sandi Nevis	4:30.50	1984
6. Kathy Weston	4:32.10	1980
7. Holly Thomson	4:32.78	2008
8. Kaitlin Poggi	4:33.24	2006
9. Luanne Park	4:34.92	1981
10. Casey Masterson	4:35.28	2009

3,000-METERS

1. Connie Case	9:26.49	1981
2. Joanne Lahti	9:43.93	1982
3. Kathy Knowlton	9:49.41	1985
4. Ashley Younce	9:52.37	2006
5. Sue Martineau	9:53.11	1985
6. Peggy Murri	9:53.16	1985
7. Brenda Cardin	9:55.80	1979
8. Susan Artmann	9:55.90	1979
9. Janet Lovelace	10:05.18	1978
10. Abby Chesimet	10:09.80	2008

5,000-METERS

1. Kathy Knowlton	16:48.28	1985
2. Ashley Younce	16:50.52	2006
3. Kaitlin Poggi	17:03.16	2006
4. Joanne Lahti	17:03.30	1982
5. Sue Martineau	17:04.49	1984

6. Abby Chesimet	17:16.00	2008
7. Caroline Walker	17:17.50	1980
8. Brenda Cardin	17:19.70	1979
9. Hannah Soza-Hodgkinson	17:21.95	2008
10. Susan Arfmann	17:22.10	1979

10,000-METERS

1. Ashley Younce	35:31.81	2006
2. Caroline Walker	35:44.09	1980c
3. Kathy Knowlton	36:21.69	1984c
4. Nicole Crawford	36:48.34	2008
5. Hannah Soza-Hodgkinson	36:49.66	2008
6. Neoma Palmer	37:10.50	2006
7. Tina Moran	37:30.49	1981c
8. Rebecca Mishler	37:42.87	2008
9. Anne Harry	38:13.59	1982c
10. Brenda Cardin	38:21.59	1979c

100-METER HIGH HURDLES

1. Jenna Stark	13.87	1988
2. Kari Weston	13.89	1986
3. Sonya Crowther	14.05	1982
4. Carina Westover	14.26	1984
5. Meredith Howell	14.48	1984
6. Cathy Kvaivle	14.63	1978
7. Shawn Bishop-Walker	14.80	1987
8. Judy Sommer	14.96	1983
9. Vicki Anderson	14.96	1986
10. Cindy Greiner	15.00	1981

400-METER INTERMEDIATE HURDLES

1. Jenna Stark	59.72	1987
2. Kari Weston	1:00.70	1986
3. Vicki Anderson	1:01.29	1986
4. Meredith Howell	1:01.55	1984
5. Kelly Alfieri	1:02.03	1988
6. Kelly Kaser	1:02.03	1985
7. Loretta Williams	1:02.12	1982
8. Cindy Greiner	1:02.40	1980
9. Linda Parmele	1:03.24	1978
10. Carolyn Tidball	1:03.61	1980

2,000-METER STEEPLECHASE

1. Lauren Denfeld	6:51.81	2008
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3,000-METER STEEPLECHASE

1. Lauren Denfeld	10:38.28	2008
2. Jean-Marie Peterson	11:03.47	2007
3. Jennifer Macias	11:09.83	2009
4. Kaitlin Poggi	11:15.41	2006
5. Hannah Soza-Hodgkinson	11:41.50	2009
6. Cassandra Schumacher	11:54.38	2009
7. Kambria Schumacher	11:54.92	2009
8. Chelsea Pullen	12:15.53	2007
9. Melissa Horton	12:16.31	2006
10. Melissa Kauffman	12:44.54	2009

4x100-METER RELAY

1. Strong, Williams, Fenton, Stark	46.62	1988
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4x400-METER RELAY

1. Strong, Williams, Fenton, Stark	3:55.69	1988c
2. Garcia, Harer, Bryant, Denfeld	4:11.04	2005

2-MILE RELAY

1. Weston, Trom, Costello, Blaine	8:42.99	1979c
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HIGH JUMP

1. Joni Huntley	6-02.75	1976
2. Carina Westover	6-02.00	1984
3. Kim Fenton	6-00.00	1988
4. Sonya Crowther	6-00.00	1982
5. Sue Blake	5-11.00	1982
6. Cindy Greiner	5-11.00	1981
7. Marie Morkved	5-08.00	1987
8. Judy Sommer	5-07.00	1983
9. Kerri Anderson	5-07.00	1982
10. Sarah Lyons	5-07.00	1982
11. Tammy Collman	5-07.00	1981

LONG JUMP

1. Colleen Gibson	20-00.00	1984
2. Joni Huntley	19-06.00	1975
3. Sonya Crowther	19-00.25	1982
4. Sylvia Green	18-08.50	1981
5. Carina Westover	18-01.25	1981
6. Jenna Stark	18-00.50	1987
7. Marcia Mast	17-10.50	1982
8. Meredith Howell	17-07.00	1984
9. Lisa Byhre	17-06.25	1986
10. Cindy Greiner	17-06.25	1981

*5. Karissa Pederson 18-07.25 1988

TRIPLE JUMP

1. Colleen Gibson	37-03.00	1984
2. Meredith Howell	35-03.25	1984
3. Jean Lee	34-05.75	1985
4. Monique Walters	34-03.50	1986
5. Kelley Rogers	33-03.00	1987
6. Sherri Howard	33-00.00	1987

SHOT

1. Karri Johnson	50-00.50	1984
2. Terri Georgeson	45-03.00	1981
3. Sara Bryan	44-02.50	1986
4. Nora Judd	43-09.75	1980
5. Jean Nelson	43-01.50	1978
6. Beth Nygren	42-11.50	1986
7. Julia McInnis	42-09.75	1982
8. Joan Tavernia	42-07.50	1979
9. Michele Cleland	42-06.25	1981
10. Kathlee Davis	42-01.50	1979

DISCUS

1. Beth Nygren	155-02.00	1988
2. Lori Souza	154-10.00	1988
3. Kam Johnson	152-06.00	1983
4. Michele Cleland	151-01.00	1981
5. Kristi Wreath	146-10.00	1987
6. Terry Georgeson	143-00.50	1981
7. Jean Milson	139-08.75	1979
8. Debbie Tally	138-01.00	1981
9. Kristi Wreath	137-08.00	1986
10. Nora Judd	136-01.00	1980

JAVELIN

1. Connie Peterka	179-08.00	1986
2. Teresa Cooper	172-10.00	1981
3. Tonja Reigle	169-09.00	1979
4. Julie Waage	163-08.00	1987
5. Kristi Nygaard	154-06.50	1982
6. Michele Cleland	153-02.00	1981
7. Kitsy Hall	153-01.00	1979
8. Monica Witt	152-01.00	1986
9. Kathy Sanders	141-04.00	1985
10. Carol Frank	137-08.00	1982

HEPTATHLON

1. Sonya Crowther	5592	1982
2. Cindy Greiner	5338	1981
3. Meredith Howell	4987	1984
4. Judy Sommer	4762	1981
5. Marie Morkved	4232	1988

PENTATHLON

1. Sonya Crowther	4088	1982
2. Cindy Greiner	3605	1980
3. Carina Westover	3591	1980
4. Sandy Huntley	3418	1978

ALL-TIME TOP 10 INDOOR TRACK

400-METERS

1. Kathy Weston	56.14	1979
2. Kelly Kaser	59.94	1985
3. Nancy Wallace	62.64	1979
4. Lorri Brown	63.04	1979

800-METERS

1. Kathy Weston	2:09.24	1979
2. Kathy Costello	2:17.24	1979
3. LuAnne Park	2:18.24	1981
4. Kristin Trom	2:19.24	1979
5. Julie Garcia	2:22.02	2006

6. Jackie Brown	2:23.13	2009
7. Tammy Anderson	2:23.24	1985
8. Tara Stirewalt	2:26.43	2006
9. Debby Larson	2:30.24	1988
10. Tama Fox	2:31.24	

Mile

1. Casey Masterson	4:51.87	2009
2. Connie Case	4:57.24	1981
3. Sylvia Veal	4:58.50	2008
4. Debbie Brizee	5:05.24	1980
5. Holly Thomson	5:05.54	2008
6. Lauren Denfeld	5:07.27	2006
7. Katie Dye	5:07.63	2008
8. Marsha Lampi	5:08.54	2008
9. Jean-Marie Peterson	5:09.16	2006
10. Susan Arfman	5:10.24	1979

3,000-METERS

1. Kathy Knowlton	9:51.24	1985
2. Abby Chesimet	10:02.17	2009
3. Lorene Young	10:03.04	2008
4. Ashley Younce	10:04.24	2006
5. Hayley Oveson	10:06.31	2008
6. Kaitlin Poggi	10:08.23	2006
7. Noelle Harer	10:11.95	2008
8. Hannah Soza-Hodgkinson	10:16.22	2008
9. Brenda Cardin	10:16.24	1979
10. Jean-Marie Peterson	10:16.62	2008

5,000-METERS

1. Jamie Mitchell	19:12.24	1979
2. Anne Harry	19:36.24	1979



2009 INDIVIDUAL RESULTS

Jackie Brown • So. • Beaverton, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)/ (800m)	5 of 7	2:23.13
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 2)	9 of 11	5:03.13
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (1,500m)	---	4:55.25
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Natosha Buruse • Fr. • Ridgefield, Wash.

2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	DNR	---
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Abby Chesimet • So. • Astoria, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor) (3,000m)	11 of 16	10:02.17
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 1)	6 of 9	4:54.84
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	2 of 23	10:55.13
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Michelle Childs • Gr. • Fenelon Falls, Ontario

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	DNR	---
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	5 of 23	11:08.48
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Lorine Cruz • Fr. • Grants Pass, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 2)	3 of 11	4:58.42
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (1,500m)	---	5:49.06
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Elizabeth Gruber • Fr. • Redding, Calif.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	DNR	---
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Melissa Kauffman • Fr. • Hood River, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	7 of 8	12:44.54
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	9 of 23	11:50.84
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Marsha Lampi • So. • Portland, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 1)	7 of 9	4:57.26
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	3 of 23	10:59.32
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---



2009 INDIVIDUAL RESULTS

Jennifer Macias • So. • Hermiston, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker (3,000m steeplechase)	1 of 8	11:21.43
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival (3,000m steeplechase)	2 of 13	11:09.83
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Casey Masterson • So. • Eugene, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor) (Mile)	1 of 12	4:51.87
3/07	UW Last Chance	5 of 8	4:53.37
3/07	Linfield Icebreaker	DNR	--
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival	--	4:35.28
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Rebecca Mishler • Sr. • Hillsboro, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	DNR
3/07	UW Last Chance	DNR	DNR
3/07	Linfield Icebreaker (1,500m - section 2)	6 of 11	5:01.34
3/21	Oregon Preview (3,000m)	14 of 24	10:30.41
3/27	SF State Distance Carnival (2-mile)	7 of 23	11:13.04
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Jenny O'Connor • Sr. • Newfane, N.Y.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker (1,500m - section 2)	11 of 11	5:15.48
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival	--	--
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Emily Olsen • Fr. • Medford, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker	DNR	--
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival	--	--
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Hayley Oveson • So. • La Grande, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker	DNR	--
3/21	Oregon Preview (1,500m)	11 of 13	4:41.62
3/27	SF State Distance Carnival (2-mile)	1 of 23	10:47.14
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Kaitlin Poggi • Sr. • Gladstone, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker	DNR	--
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival	--	--
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--

Laurel Parks • Fr. • Grants Pass, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	--
3/07	UW Last Chance	DNR	--
3/07	Linfield Icebreaker	DNR	--
3/21	Oregon Preview	DNR	--
3/27	SF State Distance Carnival	--	--
4/11	Woody Wilson Open	--	--
4/25	Oregon Relays	--	--
5/01	Pacific Twilight	--	--
5/03	Cardinal Invitational	--	--
5/08	Oregon Twilight	--	--
5/16-17	Pac-10 Championship	--	--
5/29-30	NCAA West Regional	--	--
6/10-13	NCAA Championships	--	--



2009 INDIVIDUAL RESULTS

Cassandra Schumacher • Fr. • Sweet Home, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (3,000m steeplechase)	4 of 8	11:54.38
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Kambria Schumacher • So. • Sweet Home, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	5 of 8	11:56.70
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (3,000m steeplechase)	9 of 13	11:54.92
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Hannah Soza-Hodgkinson • So. • Forest Ranch, Calif.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor) (3,000m)	16 of 16	10:36.95
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (3,000m steeplechase)	3 of 8	11:41.50
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	6 of 23	11:12.48
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Krista Stangel • Jr. • Enterprise, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 2)	6 of 35	4:50.11
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (2-mile)	4 of 23	11:02.70
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Holly Thomson • Sr. • Eugene, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 1)	3 of 9	4:48.69
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival (1,500-m)	---	4:39.68
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Katelyn Van Brunt • Jr. • Grants Pass, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	DNR	---
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Sylvia Veal (u) • Sr. • Aloha, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker	DNR	---
3/21	Oregon Preview (3,000m)	4 of 24	9:46.35
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---

Lorene Young • Jr. • Klamath Falls, Ore.

Date	Event (Meters)	Place	Time
2/14	Husky Classic (indoor)	DNR	---
3/07	UW Last Chance	DNR	---
3/07	Linfield Icebreaker (1,500m - section 1)	1 of 11	4:50.06
3/21	Oregon Preview	DNR	---
3/27	SF State Distance Carnival	---	---
4/11	Woody Wilson Open	---	---
4/25	Oregon Relays	---	---
5/01	Pacific Twilight	---	---
5/03	Cardinal Invitational	---	---
5/08	Oregon Twilight	---	---
5/16-17	Pac-10 Championship	---	---
5/29-30	NCAA West Regional	---	---
6/10-13	NCAA Championships	---	---



TRACK PERSONAL BESTS

Jackie Brown • So. • Beaverton, Ore.

Event	Time
800-meters	2:16.00
800-meters (indoor)	2:23.13 (No. 6)
1,500-meters	4:50.76

Natosha Buruse • Fr. • Ridgefield, Wash.

Event	Time
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Abby Chesimet • So. • Astoria, Ore.

Event	Time
1,500-meters	4:45.00
3,000-meters	10:09.80 (No. 10)
3,000-meters (indoor)	10:02.17 (No. 2)
5,000-meters	17:16.00 (No. 6)
10,000-meters	38:41.73

Michelle Childs • Gr. • Fenelon Falls, Ontario

Event	Time
3,000-meters	9:45.02
5,000-meters	16:46.99

Lorine Cruz • Fr. • Grants Pass, Ore.

Event	Time
1,500-meters	4:58.42

Elizabeth Gruber • Fr. • Redding, Calif.

Event	Time
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Melissa Kauffman • Fr. • Hood River, Ore.

Event	Time
3,000-meters	11:09.38
3,000-meters (indoor)	11:04.37
5,000-meters	18:35.00
3,000-meter steeplechase	12:44.54 (No. 10)

Marsha Lampi • So. • Portland, Ore.

Event	Time
1,500-meters	4:38.00
Mile (indoor)	5:08.54
3,000-meters	10:06.00
Mile (indoor)	5:08.54 (No. 8)
5,000-meters	17:39.75

Jennifer Macias • So. • Hermiston, Ore.

Event	Time
1,500-meters	4:40.00
3,000-meters	10:05.00
3,000-meters (indoor)	10:36.26
3,000-meter steeplechase	11:09.83 (No. 3)
5,000-meters	18:06.10

Casey Masterson • So. • Eugene, Ore.

Event	Time
800-meters	2:15.98
1,500-meters	4:27.40
Mile (indoor)	4:51.87 (No. 1)
3,000-meters	10:00.00

Rebecca Mishler • Sr. • Hillsboro, Ore.

Event	Time
1,500-meters	5:00.64
3,000-meters	10:23.50
3,000-meters (indoor)	10:40.64
5,000-meters	17:44.80
10,000-meters	37:42.87 (No. 8)

Jenny O'Connor • Sr. • Newfane, N.Y.

Event	Time
1,500-meters	5:08.25
3,000-meters	10:46.83
3,000-meters (indoor)	11:00.59
5,000-meters	18:35.45
10,000-meters	38:54.94

Emily Olsen • Fr. • Medford, Ore.

Event	Time
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Hayley Oveson • So. • La Grande, Ore.

Event	Time
1,500-meters	4:41.62
3,000-meters	10:07.67
3,000-meters (indoor)	10:06.31 (No. 4 Indoor)
5,000-meters	16:55.33

Kaitlin Poggi • Sr. • Gladstone, Ore.

Date	Event (Meters)
	1,500-meters 4:33.24
	3,000-meters (indoor) 10:07.00
	5,000-meters 17:03.15

Laurel Parks • Fr. • Grants Pass, Ore.

Event	Time
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Cassandra Schumacher • Fr. • Sweet Home, Ore.

Event	Time
3,000-meter steeplechase	11:54.38 (No. 6)

Kambria Schumacher • So. • Sweet Home, Ore.

Event	Time
3,000-meters (indoor)	10:58.53
3,000-meter steeplechase	11:54.92 (No. 7)
5,000-meters	18:40.77

Hannah Soza-Hodgkinson • So. • Forest Ranch, Calif.

Event	Time
1,500-meters	4:52.24
3,000-meters	10:16.22
3,000-meters (indoor)	10:16.22 (No. 8)
3,000-meter steeplechase	11:41.50 (No. 5)
5,000-meters	17:21.95 (No. 9)
10,000-meters	36:49.66 (No.5)

Krista Stangel • Jr. • Enterprise, Ore.

Event	Time
1,500-meters	4:39.55
3,000-meters	10:03.62
3,000-meter steeplechase	11:15.41 (No. 3)
5,000-meters	17:25.39

Holly Thomson • Sr. • Eugene, Ore.

Event	Time
800-meters	2:14.00
1,500-meters	4:32.78 (No. 7)
Mile (indoor)	5:05.54 (No. 5)

Katelyn Van Brunt • Jr. • Grants Pass, Ore.

Event	Time
400-meters	57.90
800-meters	2:14.03



TRACK PERSONAL BESTS

Sylvia Veal • Sr. • Aloha, Ore.

Event	Time
800-meters	2:14.00 (No. 9)
1,500-meters	4:27.52 (No. 1)
3,000-meters	9:46.35
Mile (indoor)	4:58.50 (No. 3)

Lorene Young • Jr. • Klamath Falls, Ore.

Event	Time
800-meters	2:16.85
1,500-meters	4:47.66
3,000-meters	9:59.93
3,000-meters (indoor)	10:03.01 (No. 3)
5,000-meters	17:00.04
10,000-meters	35:54.05

